

SUSSEX COUNTY

# CAREGIVERS CONFERENCE

LIVE UNITED



## CAREGIVING ACROSS THE LIFESPAN: MORE TOOLS FOR YOUR JOURNEY

Join United Way Caregivers Coalition for its **SEVENTH** annual conference in Sussex County. This free event exclusively for caregivers is filled with workshops and resources that will provide critical information that can help caregivers take care of themselves while also caring for their loved ones. The conference also allows opportunities for caregivers to connect with one another.

### MARK YOUR CALENDAR

Saturday, April 27, 2019

9:00am – 1:00pm

Newton Medical Center's Romano Conference and Education Center

175 High Street in Newton

For directions click [HERE](#)

A light breakfast buffet will be provided thanks to this year's sponsors: **Advancing Opportunities, Inc., Atlantic Home Care & Hospice, Barn Hill Care Center, Bentley Assisted Living at Branchville, Compassionate Care Hospice, Family Partners of Morris & Sussex, From the Heart Eldercare, Knoll Communities, Newton Medical Center, Rick Schluter, Reverse Mortgage Specialist and Visiting Nurse Association of Northern New Jersey.**

### WORKSHOPS

- **"Assistance & Support Services for Family Caregivers of Veterans"** presented by Jennifer Adams-Barsch, MSW, LCSW, Caregiver Support Program Coordinator with VA NJ Health Care System
- **"There's No Place Like a Safe & Accessible Home"** presented by Karen & Gregg Frank of Back Home Safety
- **Yoga and Breathing** instructed by Kerri Leto of K&P Holistic Health & Fitness

### REGISTRATION IS REQUIRED AND SPACE IS LIMITED!

Register now through our secure online link <http://secure.unitedwaynnj.org/CaregiversConferenceSussex2019>

For questions e-mail [Robin.Ennis@UnitedWayNNJ.org](mailto:Robin.Ennis@UnitedWayNNJ.org) or call 973-993-1160 x305



United Way fights for the health, education, and financial stability of every person in every community.  
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United Way  
of Northern New Jersey