



Grief and Loss Support Group

Have you lost a loved one recently and are having difficulty coping? Atlantic Health System offers a forum for you to meet with others experiencing the same grief.

Atlantic Health System cares about you and your family. Our team of Behavioral Health Clinicians and Social Workers will:

- › Provide a safe place for you to express your feelings of bereavement, grief and loss
- › Guide you through the grief process
- › Connect you with others going through the same experience
- › Provide resources for personal, one on one behavioral health support

Wednesdays , 12:00 to 1:00pm

Zoom Virtual Meetings

To Join Zoom Meeting:

<https://atlantichhealth.zoom.us/j/95359174923?pwd=dDUxL01vdXY1SzJHSjcyG0UwUkl2dz09>

Meeting ID: 953 5917 4923 **Password:** 003529

Dial in: 1-929-205-6099

At the time of joining the session, you may choose to share only your first name or full name, and to have your video on or off. Your privacy and comfort level is of the utmost importance.

The meeting will be facilitated by Care Coordination Social Workers and Behavioral Health Clinicians. If you are in a crisis situation and need to speak with someone right away please **call 911 or go to your local emergency room.**



**Atlantic
Health System**
Behavioral Health